

## **DIRECT LARYNGOSCOPY AND ORAL LESION REMOVAL**

***REMEMBER TO FOLLOW ALL GUIDELINES THAT WERE PROVIDED TO YOU BY THE SURGERY CENTER OR HOSPITAL ABOUT WHAT TIME YOU SHOULD STOP EATING AND DRINKING.***

On the day of surgery, please report to the Surgery Center or Hospital on time for your scheduled procedure.

1. Elevated temperature is not unusual after surgery. It is unusual for this to be a sign of infection. Call the office if the temperature is measure to be higher than 101.5 while taking Tylenol. To help keep the temperature down, try to drink as much as possible.
2. Pain is common following surgery and may be worse when swallowing depending on the surgical location. This should improve within just a few days and drinking cold fluids should alleviate the pain.
3. If there are sutures inside of your mouth, it is important to leave them alone and avoid pulling at them or biting the area.
4. You may be given a prescription for an antibiotic and a pain medication. Antibiotics should be taken as directed, pain meds as needed but no more often than the safe dose. Remember that if you are taking prescribed pain medication you should not drive.
5. Avoid aspirin after surgery but also for one week prior to the surgery if possible. Tylenol, Motrin and related products are acceptable. If you are on a prescribed blood thinner, stopping and restarting these medications should be discussed with your prescribing doctor (Cardiologist, PCP, etc.).
6. Eliminate alcohol and avoid caffeine for the first week. Do not smoke or chew tobacco. Try to use this time to quit this habit permanently.
7. Following surgery you may experience altered taste, numbness of the tongue, sore throat, jaw pain, or mild difficulty with swallowing. These symptoms usually go away within a couple of days. If they persist for more than 5 days, call your physician.
8. Call your doctor immediately if you experience shortness of breath, are coughing up blood or if you are unable to swallow.
9. Your time out of work will depend on your particular employment. This should be discussed with your surgeon ahead of surgery.
10. You will have a postoperative appointment scheduled for you, which will be 7-14 days after surgery. You should have received a card with this appointment location, date and time- if you did not, please call the office to find out when this appointment is.

**IF YOU HAVE ANY QUESTIONS OR CONCERNS, PLEASE CALL THE OFFICE.**